

BS PSYCHOLOGY YEAL LEVEL COMPETENCIES

YEAR	SUBJECT /CODE	SUBJECT TITLE	COMPETENCIES
			The students will demonstrate the ability to:
First	PSY 101/ZPY111	General Psychology	1. Identify one's personality 's strength and weaknesses in relation to dynamism of human growth and development 2. Identify the factors behind individual differences in an attempt to adjust harmoniously with others
	PSY104/APY122	Mental Hygiene	3. Recognize the value of promoting healthy mind. 4. Develop effective coping skills to be able to handle problems and frustrations 5. Value life through giving importance to maintenance of good mental hygiene 6. Identify healthy and unhealthy individuals
	APY 419	Human Development	7. Gain a better grasp on the characteristics and changes that take place during the lifespan of an individual from conception to old age 8. Recognize the different problems associated with each stage of development and how to deal with them 9. Identify common personal and social attitudes towards developmental changes.

Second	APY 212	Learning and Cognitive Psychology	10. Develop an understanding of the information-processing approach to the analysis of cognitive processes and of the historical origins of this approach; an understanding of the types of information representation and information processing that are needed to perform various kinds of cognitive tasks; an understanding of the relationship between theory and experimentation in cognitive psychology and to show how, through a survey of particular topic areas, the two have developed in a complementary way;
	APY213	Theories of Personality	11. Write a reflection paper on personality theory. 12. Indicate one's personal learning; and analyze and connect the learning/concept to the different theories discussed;
	APY 214	Statistics Applied in Psychology	13. Identify the commonly used statistical techniques in behavioral research 14. Practice skills in solving problems using statistical formula thru

			<p>classroom activities</p> <p>15. Apply it in psychological research and experience the value of honesty and uprightness in presenting data, critical analysis and correct reasoning.</p> <p>16. Identify the divisions of the brain and nervous system and describe their functions</p> <p>17. Understand the basics of genetics and discuss their role in behavior.</p> <p>18. Discuss how bio-psychological knowledge can be used to address a wide range of behavioral and physiological problems.</p>
	APY211	Physiological Psychology	
	APY 221	Psychological Testing I	<p>19. To administer, interpret, and apply psychological test</p> <p>20. To evaluate the behavior of individual through giving psychological tests</p> <p>21. Write a psychological reports and case studies.</p>
	APY222	Abnormal Psychology	<p>22. to know the criteria of normal personality ,psychological and non-pathological symptoms</p> <p>23 Identify the different disorders, its symptoms and suitable psychotherapeutic methodologies and intervention techniques.</p> <p>24. To apply the knowledge on assessment and</p>

			treatments of various disorders.
Third	APY 312	Experimental Psychology	<p>25. Illustrate various experiments that will provide solutions to psychological problems</p> <p>26. Identify what statistical formula can be used in the treatment of a research data</p> <p>27. Choose appropriate experimental designs in conducting experiments.</p> <p>28. Integrate the various ethical principles in conducting experiments.</p> <p>29. Analyze the implications of the results of the experiments for a better society</p>
	APY 321	Principles of Guidance and Counseling (Theory and Practice)	<p>30. Characterize the psychologically healthy individuals.</p> <p>31. Synthesize information about the elements of the theories with his/her own personal beliefs about the people and the factors that influence behavior</p>

			<p>32. Apply the knowledge and skills in recognizing problems and be able to handle those of others and different counselling techniques.</p> <p>33. "Construct Developmental Guidance Program"</p> <p>34. Perform different intervention to special populations specifically among children, adolescent and older people.</p>
	APY322	Group Dynamics	<p>35. Make a design group "Dynamics Program"</p> <p>36. Organize and make a training activities suited to the different characteristics of groups</p>
	APY 422	Psychotherapy	<p>37. Perform different techniques on psychotherapy</p> <p>38. Recognize the role and responsibilities of the therapist in the implementation of treatment.</p> <p>39. Practice the right and valid usage of psychotherapy to prospective clients and to significant persons who are in need of crisis intervention.</p>
	APY 498	Psychological Research	<p>40. Make a thesis proposal</p>

			<p>41. Make a quantitative and qualitative scientific research in psychology that would help identify and solve problems not only the society but the country as well.</p> <p>42. Apply basic research skills and techniques in making/writing a research study.</p>
Fourth	APY 311	Social Psychology	<p>46. Understand the basic theory in the area of Social Psychology and relate them to daily life.</p> <p>47. Identify and describe social surroundings in shaping self-identity.</p> <p>48. Greater understanding of the behavior and mental processes of the self and others.</p>
	APY 412	Clinical Psychology	<p>49. Assess and Classify psychological disorders</p> <p>50. Compare and Contrast different psychological disorders for accurate diagnosis and classification</p> <p>51 Utilize the different</p>

			<p>psychological interventions in helping to attain quality of life of clients being served.</p> <p>52. Serve the community/society with outmost professionalism</p> <p>53. Globally competitive</p>
		Child and Adolescent Psychology	<p>54. Identify important factors influencing development</p> <p>55. Rationalize concerns on how to deal with children in a professional environment</p> <p>56. Establish a parallelism between the theoretical aspects and practical experiences with children.</p>
	APY 413	Industrial and Organizational Psychology	<p>57. Develop a training program</p> <p>58. Master the basic principles of employee selection, placement and classification.</p>
	APY 414	Filipino Psychology	<p>59. Gain deeper acuity of the history of psychology in the Philippines</p> <p>59. Recognize the importance of indigenous</p> <p>60. develop a research on Filipino Psychology through the application of indigenous methods</p>

	APY 431	Filipino Psychology	<p>59. Gain a deeper acuity of the history of psychology in the Philippines.</p> <p>60. Develop a research using indigenous methods.</p> <p>61. Recognize the importance of indigenous methods.</p>
	APY 432	Motivation	<p>61. Apply the theoretical information in real –life situation.</p> <p>62. Determine the impact of motivational drives, motives, needs on the personality/behavior of a person.</p>
	APY 433	Educational Psychology	<p>64. To apply and demonstrate skills in the foundations of school psychology practice.</p> <p>65. Apply research methods and tools inquiry in school setting and develop an assessment data on student learning and adapt instruction and design treatment.</p>
	APY 434	Current Trends and Issues in Psychology	<p>66. Gain insights on the different techniques that are suitable in today's emerging psychological behavioral problems.</p>

	APY 497	Internship	<p>67.Practice social efficiency and share personal awareness of the various issues relevant to psychology.</p> <p>68. Observe the new trends and apply the principles pertinent to development of an individual.</p> <p>69.To Analyze,assess,evaluate human behavior in the industrial, educational and clinical setting through the use of all major types of psychological tests: Intelligence, aptitude test, interest, achievement, personality and projective techniques.</p> <p>69. Perceive themselvesbetter and acquire a better understanding of themselves and roles as future psychologist, and understanding human behavior and their needs.</p>
--	---------	------------	---

Prepared by RizalynL.Wagas

Chair, Dept. Of Behavioral Sciences